



WELCOME

The Good embodies our passion for empowering thriving communities in India.

We believe that Food is the heart and soul of the destination

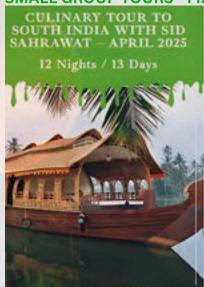
Life is a Journey, travel it well

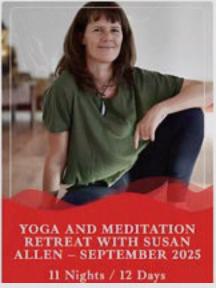
We design memorable holidays that combines two of life's greatest pleasures: Food & Travel. Our extensive network and connections in India allows us access to people, places and experiences that are not easily available to the average tourist to India.

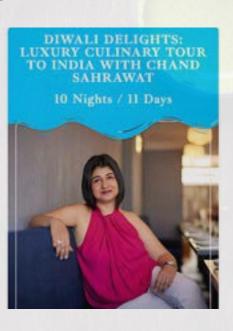
We pledge that for every guest travelling with us we will Give Back to a worthy cause in India. By choosing to travel with us, you are making a difference...

SNAPSHOTS

SMALL GROUP TOURS - FIXED DEPARTURES

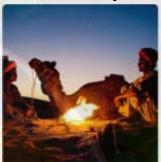






HOLIDAY PACKAGES - TRAVEL AT ANY TIME

Here are some of our holiday packages which you can enjoy any time or can be customised to your liking



Flavours of Royalty 08 nights / 09 days



Spice markets and Coastal Delights 10 nights / 11 days



Cuisines of North India 10 nights / 11 days



Tea & Coffee, Chocolate & Spice In South India 08 nights / 09 days

With offices in NZ and India, we offer end-to-end, fully escorted, luxury holidays to India. From your arrival to departure, we'll welcome you with warmth – greeting you at the airport with time-honored customs and bidding you farewell with heartfelt gratitude.

01



ABOUT US

Good Food Journeys is a New Zealand company with a strong base in India. We are a passionate team dedicated to culinary travel, and our carefully planned itineraries are your passport to a world of culinary delights of India. Our mission is to offer unique and immersive experiences that combine travel and food, allowing food enthusiasts and travelers to explore Indian culture and tradition through the cuisine.

Our foundation is the Sanskrit phrase "Atithi Devo Bhava", which literally means "Guest is God". We strive to deliver high-quality experiences and excellent customer service. This includes personalized itineraries, knowledgeable guides, well-curated culinary activities, and attention to detail in every aspect of the journey.

WHY US

We believe that a visit to India should be on everyone's bucket list. It is a sensory experience like no other.

There are many tour operators offering travel to India. However, like other travel companies out there, we don't use or depend on third party operators in India because we have our own office in Delhi with our own full-time staff, which gives us a strong local base and commitment to care.

Mal has roots in India and understands the Kiwi mindset. Amaresh has strong knowledge about tourism in India and extensive network in hospitality sector as well as in the Indian Government. This combination, and their mutual love for food and passion to showcase India and its culinary prowess to the world is the reason why you can trust us that your experience of India will be a magical one.

So, if you love fun, adventure, food, a bit of luxury, and are a traveler rather than just a tourist then allow us to plan the unforgettable holiday you have been waiting for. Join us on one of our group tours hosted by a well-known personality, embark on one of our holiday packages at a time that suits you, or we can design an itinerary that ticks all your boxes.

We invite you to join us and see for yourself why India has fascinated the world for hundreds of years, and support a Good cause while you are at it...





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RISHIKESH RETREAT WITH SUSAN

SEPTEMBER 2025

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RISHIKESH RETREAT WITH SUSAN SEPTEMBER 2025





Spiritual India Yoga Retreat with Susan Allen - October 2025

Join renowned NZ yoga teacher Susan Allen on a 12-day spiritual retreat to Rishikesh and Varanasi, the heartlands of yoga and meditation. Practice daily yoga by the Ganga in the Himalayas, explore ancient temples, and experience India's deep spiritual energy. Stay in a stunning riverside retreat, enjoy guided meditation and breath-based asanas for all levels, and connect with like-minded souls. Highlights include a sacred fire ceremony, temple visits, and personal guidance from Susan throughout.

This is a small-group journey (max 15)—a chance to reset, reconnect, and experience yoga where it all began. Book now to reserve your spot.

Day 01 Saturday, September 27: Arrive in Delhi

On arrival at Delhi airport, you will be met by our local representative for transfer to our hotel. After checking in, take a few hours to rest and unwind from the long flight. That evening we will meet as a group for the first time. A great opportunity to introduce ourselves over dinner.

Day 02 Sunday, September 28: Delhi - Rishikesh

Early morning check-out today with a packed breakfast and head to the New Delhi Railway Station for our train to Haridwar. On arrival in Haridwar, we will drive to Rishikesh. It is a 45-minute scenic drive on a well-maintained road along the banks of the Ganges River.

Early today evening Susan will talk to the group about what to expect over the next 6 days and answer any questions. Later in the evening, we will enjoy dinner by the outdoor pool overlooking the Himalayan Ranges.

Day 03 - Day 08 September 29 – October 4: Rishikesh

The next 6 days are the essence of this retreat. The practice sessions we will do together under the guidance and instructions of Susan will be a combination of yoga asana (postures), pranayama (breathing practices) and dhyana (meditation) as well as an introduction to yogic philosophy. We will have a daily schedule:

7 - 8.30am: Meditation instruction and practice either in our hotel or on the banks of the Ganga 8.30am: Refreshments by the river - tea, coffee, fruits & snacks

9 - 11am: Yoga asana practice in the hotel.

11am - 12 pm: Lunch

1.00 - 3pm: Meditation practice and discussion

3.30 - 5pm: Yoga asana and restorative practices

5pm: Dinner

6pm onwards - optional evening programs such as trips to Ganga, bonfire by the pool side, optional cooking lesson, visit to Rishikesh town or time for yourself to reflect, journal, etc.

Day 09 Sunday, October 5: Rishikesh – Varanasi

We have an early morning visit to see the Taj Mahal at sunrise. After breakfast we set off on a road trip to Jaipur. It is a 5-hour drive, but on the way, we will have a few stops to break the journey and take in some local sights such as one of the oldest stepwells that date to the 8th century and is 13 floors deep. And Fatehpur Sikri, a historical complex that was commissioned by Emperor Akbar in the 16th century and abandoned soon after.

Our hotel in Jaipur is a Palace, now a heritage hotel. It was built in 1928 for one of Rajasthan's aristocratic families. They have retained the quirky royal touches and character. We will meet the owners and get a tour of the palace, as every corner tells a story of the yesteryears.

Our first dinner in Jaipur is at 1135 AD, one of the best restaurants in Jaipur. It is situated in the Amber Fort, which was built in 1592. We will enjoy authentic Rajasthani food in an open-air courtyard under the star-studded night sky.

Day 10 - Day 11 October 6 & 7: Varanasi

For the next two days we will explore the fascinating city of Varanasi. History and spirituality are etched in every temple and Ghat here. It is a surreal experience to see people perform various rituals, from daily prayers to cremation ceremonies on the Ghats... it is a profound connection to the cycle of life and death.

We will go for a boat ride on the river Ganga to witness the sunrise. As the sunrise casts a golden glow on the Ghats, you can see devotees perform their morning rituals, such as bathing in the Ganges, and worshiping the Sun. In the evening, we will also witness the sunset Aarti ceremony (Lighting Lamps) on one of the Ghats. It is a daily Hindu ritual performed at sunset where devotees gather on the banks of the Ganges to offer prayers and light offerings to the goddess Ganga, through a coordinated display of lit lamps, chants, and devotional music.

We will visit some of the important ghats and temples. Some of these temples were built in the 12th century. We have arranged an exclusive Fire Ceremony (Hawan) and Pooja (Prayer) at one of the Hindu temples for our group. Participation in such a ritual performed by a Hindu priest is considered an auspicious blessing and will be both exotic and special.

Varanasi's food scene is as rich and diverse as its spiritual heritage. It is famous for its street food with some local must-try delicacies. Our expert local tour guides will take us to the right place where the food is clean, safe and tasty.

A.T. SEASONS & VACATIONS TRAVEL PVT. LTD.

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Day 12 Wednesday, October 8: Varanasi

After breakfast, the tour ends today.

You can stay back in Varanasi for a few more days, as it is easy to fall in love with this place. Alternately you can visit places like Khajuraho (UNESCO certified Temples), Panna National Park (Tiger safari and wildlife), Agra, Jaipur and Delhi. We can organise any flights and accommodation as required. If you love Indian food, we've got that covered too.

Here's some inspiration to consider spending a few more days in Varanasi. Susan was in Varanasi in January 2025, and shared some of her thoughts on her experiences there:

"Everything you could ever imagine India to be you will find in Varanasi. In January this year I spent two weeks here wandering the Ghats and small back alleys of the old town. Hindus come from all over India to bathe in the Ganga and receive all the blessings and auspiciousness that this conveys. All day long temple bells ring as bodies are cremated on the banks of the river. It is both intense and hugely captivating watching these rituals that have been happening here for millennia. Holy cows and not so holy dogs and goats roam around amongst it all. Each morning, I would get up and do yoga on the rooftop overlooking the river before finding my way (or not!) through the back alleys to some mouthwatering local street vendor selling dosa and chai for breakfast.

This particular visit I went on a boat ride at dawn where they had a traditional Indian music performance as the sun came up. Varanasi is full of people, full of smells, full of a vibrancy and an ancientness that is impossible to imagine until you've been there."

Includes

11 nights' accommodation with breakfast Dinner in Delhi

All lunches and dinners in Rishikesh

Air-Conditioned Transportation as per the Itinerary Ganga Arti at Triveni Ghat at Rishikesh

Yoga and Meditation space exclusive for our group at Atali Ganga

One evening spiritual session on Hinduism at Atali Ganga Local English-speaking guide at Varanasi

Boat ride at Varanasi

Special Fire Ceremony and Prayer at a temple at Varanasi Present applicable taxes in India @ 5%

Excludes

Lunch and Dinner in Varanasi International airfare

Domestic flights from Dehradun to Varanasi (approx. USD \$140 at current airfares but will be charged at actual cost at time of booking)

Alcoholic beverages consumed with hosted dinners Tips and any personal expenses

Anything which is not mentioned under Inclusions

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DIWALI DELIGHTS: LUXURY CULINARY TOUR TO INDIA WITH CHAND SAHRAWAT





Join Chand Sahrawat for a Luxury Culinary Tour to India – Diwali 2025

Embark on an unforgettable 11-day journey through India during the magical Diwali festival in October 2025, hosted by Chand Sahrawat—renowned New Zealand hospitality icon and co-owner of Auckland's Cassia, Kol, French Café, and Anise. Back by popular demand, this exclusive small-group tour (max 15 guests) combines rich cultural experiences with exceptional cuisine.

Celebrate Diwali in Udaipur, the romantic city of lakes, and explore vibrant Delhi, royal Rajasthan, the Mughal wonders of Agra, bustling Mumbai, and an optional serene escape to Goa. Enjoy 5-star luxury stays, including a palace, and indulge in North India's diverse regional cuisines through immersive food experiences—cooking in a palace, street eats, a 10-course dinner at India's top restaurant, and dining under the stars in a 16th-century fort.

More than a food journey, this tour supports meaningful causes, including "Phool," an NGO turning temple flowers into sustainable incense. If India is on your bucket list, this is the perfect way to experience its heart through food, culture, and community.

Day 01 October 15: Arrive in Delhi

On arrival at Delhi airport, we will be met by our local representative for transfer to our hotel. After checking in, take a few hours to rest and unwind from the long flight. That evening we will visit Old Delhi, to get a glimpse of hundreds of years of history.

The start of our culinary journey is our first dinner in a unique restaurant, where the interiors have been put together with India's finery and frivolity. It has a quirky 'thieves' market' ambience with eclectic collection of handpicked furniture, tableware, and curios from across India. They proudly say that in our restaurant, "nothing matches" yet "everything gels".

Day 02 October 16: Delhi

After breakfast at the hotel, we will visit the sites in New Delhi. go sightseeing. The contrast between Old Delhi and New Delhi, both with its distinct characteristics, history, and vibe, is fascinating. The rest of the day is at leisure – you can explore the local markets or head back to the hotel to book a spa or chill out by the poolside.

Dinner is at an are internationally acclaimed Indian restaurant in our hotel. Dum Pukht is famous for bringing the grandeur of the royal kitchens of Awadh, Bengal and Hyderabad to life through the food and the ambience.

Day 03 October 17: Delhi – Agra by train

After breakfast we will leave for Agra by train.

For lunch we will go to Sheros Café – an establishment run by victims of acid attacks. There is no price on the menu, but you can be as generous as you feel with your offering to them. After lunch explore some of the local markets shopping for marble artefacts or leather goods that Agra is famous for.

Dinner is a special experience themed around Mughal history and cuisine.

Day 04 October 18: Agra- Jaipur

We have an early morning visit to see the Taj Mahal at sunrise. After breakfast we set off on a road trip to Jaipur. It is a 5-hour drive, but on the way, we will have a few stops to break the journey and take in some local sights such as one of the oldest stepwells that date to the 8th century and is 13 floors deep. And Fatehpur Sikri, a historical complex that was commissioned by Emperor Akbar in the 16th century and abandoned soon after.

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Day 05 October 19: Jaipur

After breakfast we will leave for a sightseeing tour of the Pink City of Jaipur. It was founded by Maharaja Jai Singh II in 1727 AD. Jaipur is famous for its rich cultural heritage and has today become the most popular tourist destination in India. One of the places we will visit is the City Palace, the royal residence for the Maharaja of Jaipur.

Today is one of the 4 auspicious days of Diwali where Hindus pray to Goddess Lakshmi, the deity of wealth. They buy gold or silver items to symbolize inviting prosperity into their lives. If you are interested in buying pure gold, we can guide you to the best place in Jaipur for it.

We have a cooking class in our hotel today where we will learn about Indian spices and how to use them in cooking. The family that owns the Palace has preserved ancestral handwritten cookbooks with unique recipes that are incorporated into the menu in the restaurants. For dinner we will enjoy the delicacies that the chef will cook for us.

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Day 06 October 20: Jaipur – Udaipur

oday morning is at leisure to enjoy the hotel or step out to explore any of the local markets. This is a great opportunity to shop for some ethnic attire for our Diwali night. After a late checkout from the hotel, we will transfer to the airport for our flight to Udaipur.

Our accommodation in Udaipur is in a Heritage Palace style luxury hotel. Built on a hilltop, this magnificent hotel is the perfect mix of luxury and royalty in a resort style setting. Our dinner tonight is a feast of authentic Rajasthani cuisine.

Day 07 October 21: Diwali in Udaipur

After breakfast we will head for a sightseeing tour of Udaipur, also known as the "City of Lakes" because of its sophisticated lake system of seven lakes surrounding the city. Besides lakes, Udaipur is also known for its historic forts, magnificent palaces, museums, gardens and temples.

There is a lot of excitement in Udaipur before and during Diwali. The big palaces and smaller Havelis (mansions) are lit up and decorated for the festival. We will participate in the celebrations, join a family for Diwali prayers followed by dinner, and we may even get to meet someone from the royal family, if they are available.

Day 08 October 22: Udaipur – Mumbai

After breakfast we transfer to the airport for our flight to Mumbai. On arrival, the day is at leisure in the hotel to relax and unwind by the pool.

For dinner we will head to one of our favourite spots in Mumbai – Mirchi and Mime. It is a trendy dining restaurant serving modern-Indian cuisine, first of its kind in India, served exclusively by speech & hearing-impaired service staff. It is a lot of fun ordering your meals in sign language. This is one more way we give back to the community.

Day 09 October 23: Mumbai

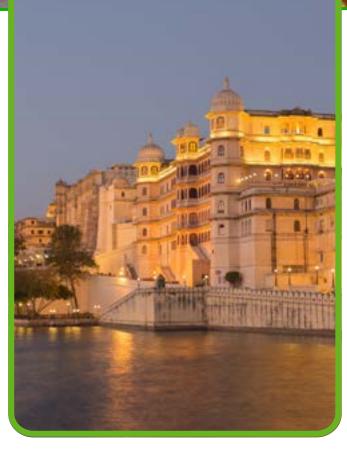
After breakfast we will head to South Mumbai to see the Gateway of India, Hanging Gardens, Marine Drive, etc.

We have an exquisite dinner planned for tonight. We don't want to spoil the surprise but we can promise that this will be a sensory experience to remember for a long time.

Day 10 October 24 Mumbai

The day is free for your own activities or shopping.

Dinner will be one of the highlights of this trip. We will dine at Masque - the recipient of many accolades and awards, one of them being the best restaurant in India for 3 years in a row, Asia's top 50 and last year Masque made its debut on the world stage at the World's 50 Best Restaurants. We will be treated to a sensory experience like no other with their 10-course fine dining degustation menu that marries tradition and innovation.



Day 11 October 25 Continue to Goa or departure to NZ

We understand that a 2-week leave from work and other commitments may not be possible for everyone.

However, if you want to use the public holiday in NZ on Oct 26 (labour weekend) and extend your holiday, we have an optional add-on to continue to Goa for 4 more days. Goa is a paradise for holidaymakers and food lovers. The Portuguese occupied Goa for 450 years, which resulted in a unique blend of Eastern and Western cultures, evident in Goa's cuisine, music, dance, and architecture. Known for its laid-back lifestyle, we invite you to take this opportunity to relax and unwind at a beachside luxury 5-star resort. Indulge in spa treatments and cocktails by the pool before returning to the busy lives in NZ.

Or if you are heading back to NZ, after breakfast we will arrange a transfer to the airport.

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TEA & COFFEE, CHOCOLATE & SPICE IN SOUTH INDIA





Cultural Journey

Day 01 Arrive in Cochin

On arrival at Cochin airport, you will be met by our local representative for transfer to our hotel. After checking in, take a few hours to rest and unwind from the long flight. That evening you can visit a local market or book an Ayurvedic spa at the hotel.

Day 02 Cochin - Munnar

After breakfast, hit the road to Munnar to visit expansive tea estatesand coffee plantations. It is a 4-hour scenic drive through small towns and winding hill roads. Once you reach Munnar, check- in at Naturezone Jungle resort for 2 nights stay in a beautiful, cozy tree house. Later in the afternoon, visit a scenic lookout fora mesmerizing view of the tea, coffee and spice plantations. In the evening you can visit the Tata Tea Museum to know about the history of tea.

Day 03 Munnar

After breakfast, enjoy the scenic beauty of lush tea plantations which are spread across hundreds of kilometers, nestled amidst the green mountains of Munnar. Visit the Kolukkumalai Tea estate, the highest tea estate in the world at 8,000 feet above sea level. Later in the evening visit the Macofa Chocolate factory for an immersive experience into the world of chocolate, showcasing their craft and the journey from bean to bar. Enjoy tasting sessions and chat with the chocolatiers.

Day 04 Munnar - Periyar

After breakfast, check out from the jungle resort and drive to Periyar, known for the wildlife as well as spice plantations in Kerala. It is a 110 km/2-hour scenic drive, and on arrival check into your accommodation which is a resort modelled on a tribal village surrounded by spice plantations. Later that day visit the Periyar wildlife sanctuary and enjoy a boat ride on Lake Periyar. Back at the hotel for a cooking demo and dinner of delicious, authentic South Indian cuisine.

Day 05 Periyar – Kodikulam

After breakfast drive to Kodikulam for 2 days of nature and wellbeing at the Dewalokam homestay on the banks of a tranquil river. It is a great way to relax and unwind in a peaceful and unspoiled self-sustained farm. Enjoy the home grown produce cooked fresh as you sample traditional Kerala food. Join professional chefs in a state-of-the-art kitchen for informal hands-on cooking sessions.

Day 06 Kodikulam Enjoy the various activities available at the homestay, such as spice farm walks, bamboo rafting and forest walks. Enjoy being away from the hustle and bustle of city life and become one with nature. The hosts at this homestay are as passionate about food as the team at Good Food journeys. The concept behind creating this homestay is to retain the world as it was created by God, full of fruits and vegetables, milk and honey all produced organically on the farm without pesticides or chemical fertilizers. The word Dewalokam means "paradise".

Day 07 Kodikulam - Alleppey

After breakfast at the homestay, drive to Alleppy which is also known as the "Venice of the East". The backwaters of Kerala are a network of interconnected canals, lakes, and lagoons, offering picturesque views of palm-fringed landscapes, paddy fields, and villages along the banks. The best way to experience the backwaters is on a traditional houseboat crafted from natural materialslike bamboo, coir and wood. On arrival in Alleppey, check in to your air-conditioned houseboat. Enjoy the beauty of sunset and sunrise cruising the backwaters, providing an unforgettable and tranquil night amidst nature. Savor delicious Kerala cuisine prepared by onboard chefs, including fresh seafood, traditional curries, and local specialties cooked in authentic Kerala style.

Day 08 Alleppey - Cochin

After breakfast, disembark and drive to Cochin. It is a1-hour drive, and after check in to your hotelproceed for sightseeing. You can visit local attractions such as the Jewish Synagogue, the Dutch Palace and St Francis' Church. In the evening you can see a traditional "Kathakali Dance show", one of the famous dance forms of India where actors tell a story by wearing facemasks and colourful costumes. Dinner tonight is a fine-dining experience at one of the restaurants in your hotel.

Departure to NZ or onward destination

After breakfast, depending on your flight schedule, you can witness the iconic Chinese fishing nets in the morning. It is a unique way of fishing, popular in this part of India. After checking out from the hotel, you will be transferred to the airport for your flight back to NZ. Alternatively talk to us about extending your holiday to visit Mumbai or experience the contrast of North India.

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CULINARY WITH GOLF



OLDEST & HISTORICALLY SIGNIFICANT GOLF COURSES

ROYAL CALCUTTA GOLF CLUB



Holes: 18Par: 72

• Yardage (blue tees): 7,237 yards

- **Course Design:** A challenging parkland course with mostly flat terrain.
- Hazards: Natural water hazards, water lilies, and largish greens
- Notable Holes:
- **Hole 1:** 359-yard par-4 with water on both sides, protected by bunkers
- Hole 4: 570-yard par-5, the longest on the course, with water and elevated green

Location: Kolkata Established: 1829

Designer: British East India Company members

Unique Features: Oldest golf club in India and outside the UK. British-era charm with 18-hole flat classic design.

Nearby Culinary Experiences: 'Oh! Calcutta' for Bengali cuisine and '6 Ballygunge Place' for traditional thalis.

Suggested Partner Hotels: The Oberoi Grand, ITC Royal Bengal

MADRAS GYMKHANA CLUB(140 YEARS OLD)



- **Location:** Within the 2,400-metre (1.5 mi) oval of the Guindy Race Course.
- Course Type: Links style.
- Holes: 18.Par: 70.
- Length: 6,325/5765 yards.
- Bunkers: Over 50.
- Greens: Relatively small.

Location: Chennai **Established:** 1877

Designer: British officers

Unique Features: Historic links-style course set inside Guindy Race Course. Narrow

fairways and city heritage views.

Nearby Culinary Experiences: 'Southern Spice' at Taj Coromandel, 'Murugan Idli Shop'

for Tamil breakfast.

Suggested Partner Hotels: The Leela Palace, Taj Club House Chennai

OLDEST & HISTORICALLY SIGNIFICANT GOLF COURSES

BOMBAY PRESIDENCY GOLF CLUB



Location: Mumbai Established: 1927

Designer: Redesigned by Peter Thomson

The Bombay Presidency Golf Club Limited is spread over an area of 90 acres. With an 18 Hole Golf Course which starts at 6.30 a.m. and is open for play the rest of the day till sunset. (except on Monday, when the club is closed. But members can only practice. The Main Club House opens every morning at 6.00 a.m. and closes at 11.00 p.m.

Unique Features: Classic parkland-style course. Hosts major amateur and pro

tournaments in western India

Nearby Culinary Experiences: 'Masque' for new-age Indian cuisine, 'Trishna' for coastal

seafood. Suggested

Partner Hotels: Sofitel BKC, The Taj Mahal Palace

DELHI GOLF CLUB



Location: New Delhi Established: 1931

Designer: Originally British-designed,

redesigned by Peter Thomson

- The Delhi Golf Club has two courses: the 18-hole Lodhi Course (championship course) and the 9-Peacock Course hole (short course).
- The Lodhi Course has a par of 72 and a length of 6912 yards. The total green area of the club is 179 acres.

Unique Features: Set among Mughal ruins and Lutyens Delhi. Elite club with rich archaeological and golfing legacy.

Nearby Culinary Experiences: 'Bukhara' at ITC Maurya, 'Indian Accent' for contemporary Indian. Suggested Partner Hotels: The Lodhi, The Imperial New Delhi



MODERN & LARGE-SCALE GOLF COURSES

JAYPEE GREENS GOLF RESORT



COURSE LAYOUT:

 Holes / yardage / par: 18 holes, 7347 yards, Par 72

Longest hole: Hole 3, 569 yards, Par 5 Shortest hole: Hole 16, 176 yards, Par 3 Toughest hole: Hole 7, 462 yards, Par 4

Water bodies: 14 **Bunkers: 88**

Hazards: 4

Location: Greater Noida

Established: 2000

Designer: Greg Norman

Unique Features: Longest golf course in India with an 18-hole championship layout. Lush greens, water bodies, and premium resort amenities.

Nearby Culinary Experiences: 'Paatra' for fine Indian dining and 'La Brezza' for Italian cuisine inside the resort.

Suggested Partner Hotels: Jaypee Greens Golf & Spa Resort

OXFORD GOLF & COUNTRY CLUB



Location: Pune Established: 2006 Designer: Phil Ryan

COURSE LAYOUT:

Holes: 18.

• Par: 72.

Length: 7020 yards (6419 meters).

 Slope Rating: 128. • Course Rating: 73.4.

Lakes: 6.

Bunkers: 54. Hazards: 26

Unique Features: Voted as one of the Top Golf & Leisure Destinations in India, it boasts of Pune's only 18 hole private golf course, Golf Academy, an all-suite hotel, and leisure sports facility set amidst 136 acres, with close proximity to Pune.

• Elevation Change: 250 feet between the 4th tee and the 14th green.

• Irrigation: Four lakes and a creek linked for irrigation and monsoon rains.

Resort Complex: Includes a 150-room hotel, spa, conference facilities, a three-level golf academy, and a country club.

• Development: Features villas and apartment towers.

Nearby Culinary Experiences: 'Paasha' rooftop grill and 'Shizusan' Asian bistro.

Suggested Partner Hotels: JW Marriott Pune, The Ritz-Carlton Pune.



MODERN & LARGE-SCALE GOLF COURSES

CLASSIC GOLF & COUNTRY CLUB



- 27-hole golf course designed by Jack Nicklaus. It features an 18hole championship course (Ridge/Valley) and a 9-hole executive course (Canyon).
- The championship course has a par of 36 and a total yardage of 7114 yards from the rear tees.
- The executive course has a par of 36 and a total yardage of 3135 yards.

Location: Gurgaon **Established:** 1998

Designer: Jack Nicklaus

Unique Features: India's first Jack Nicklaus Signature course. 27 holes. Frequent host of corporate and professional events. Set at the foot of the Aravalli hills. **First 27-hole** signature golf course in South Asia

Nearby Culinary Experiences: 'The Culinary Court' at Lemon Tree and 'Cafe Delhi Heights'.

Suggested Partner Hotels: Hyatt Regency Gurgaon, ITC Grand Bharat

PRESTIGE GOLFSHIRE



Location: Bangalore **Established:** 2010 **Designer:** Bob Hunt

Unique Features: Set at the foot of Nandi Hills, this luxury golf development offers golf villas

and scenic championship play.

Nearby Culinary Experiences: 'Shao' at Radisson Blu and 'Byg Brewski' for craft and fusion

cuisine.

Suggested Partner Hotels: Prestige Golfshire Club Villas, JW Marriott Bengaluru Prestige

Golfshire



SCENIC & NICHE HIDDEN GEMS

GULMARG GOLF COURSE



Altitude: 2,650 meters (8,690 feet)

Holes: 18 • Style: Links **Par:** 72

Length: 6,760 yards

Landscape: Slopes and inclines along

the entire area

• Flora: 16 species of wildflowers

Location: Kashmir Established: 1890

Designer: Colonial British

Unique Features: World's highest green golf course set in the alpine meadows of Kashmir. Surrounded by snow-capped peaks. The golf course gets covered in by a thick layer of snow during the winter. It is open from April to November.

Nearby Culinary Experiences: Wazwan specialties at 'Ahdoos' and apple-based dishes in Tangmarg cafes.

Suggested Partner Hotels: The Khyber Himalayan Resort, Pine Palace Hotel.

SHILLONG GOLF COURSE



• Holes: 18 **Par:** 70

• Length: 5873 yards

• Fairways: Indigenous local grass, known for its firm effect on the soil

 Surrounding Environment: Located in a scenic valley surrounded by pine and rhododendron trees, with a variety of birdlife.

 Altitude: Around 5,200 feet above sea level.

Location: Meghalaya Established: 1898

Designer: Capt. Jackson & Cpt.

Taylor

Unique Features: The sixth hole, at 594 yards, is the longest in India.

Among the few natural golf courses in the world. Colonial charm with rolling hills and pine groves.

Nearby Culinary Experiences: 'Cafe Shillong' for local and Western fusion, and 'Trattoria' for traditional Khasi meals.

Suggested Partner Hotels: Tripura Castle, Ri Kynjai Resort



SCENIC & NICHE HIDDEN GEMS

NALDEHRA GOLF COURSE



Holes: 18Greens: 16Tees: 18Par: 68

Length: 4,285 yards
Altitude: 2,200 meters
Design: Scottish links style

 Surroundings: Lush trees, including Himalayan Cedars

Location: Shimla, Himachal Pradesh

Established: 1905 **Designer**: Lord Curzon

Unique Features: Nestled among dense cedar forests with panoramic views of the Himalayas. Serene and less crowded.

Nearby Culinary Experiences: 'Cafe Sol' for global cuisine, 'Indian Coffee House' for classic simplicity.

Suggested Partner Hotels: The Chalets Naldehra, Wildflower Hall by Oberoi

COORG GOLF LINKS



Par: 70Holes: 18

• **Length:** Approximately 6,100 yards

Course Rating: 117

• **Slope:** 117

• Greens: Tiff dwarf

 Stimp Rate: Typically around 8 during tournaments

 Out of Bounds: Marked along fenced areas

• Course Type: Semi Private/Resort

Location: Virajpet, Karnataka

Established: 1989

Designer: Coorg Golf Association

Unique Features: Set within coffee plantations and misty hills, ideal for peaceful and private golfing.

Nearby Culinary Experiences: 'Coorg Cuisine' in Madikeri, and homestyle cafés with estate views.

Suggested Partner Hotels: Taj Madikeri Resort & Spa, Evolve Back Chikkana Halli Estate



NEW AGE / RESORT GOLF COURSES

ZION HILLS GOLF COUNTY



Holes: 9 (currently)

• Par: 36

• Length: 3608 yards

Rating: 36.7Slope: 135

Location: Kolar, Karnataka

Established: 2012

Designer: Ron Fream

Unique Features: Residential golf retreat with a food-focused community, organic kitchens, and laid-back ambiance. A challenging, championship level 18 hole golf course designed by the legendary architect Ronald Fream forms the centre piece at Zion Hills **Nearby Culinary Experiences:** On-site organic farm kitchen and wood-fired gourmet bistro with a wellness focus.

Suggested Partner Hotels: Golf County Villas, Mulberry Shades Bengaluru Nandi Hills (IHCL SeleQtions)

AAMBY VALLEY GOLF COURSE



Holes: 18Par: 72

• Length: 7100 yards

• Designer: David Hemstock & Associates

• Opened: 2006

• Elevation: 2700 feet above sea level

Area: 256 acres

• Location: Western Ghats, Pune, India

Location: Lonavala **Established:** 2003

Designer: David Hemstock

Unique Features: Luxury lifestyle course surrounded by lakes and hills. Integrated township with extensive leisure options.

Nearby Culinary Experiences: Lakeside fine dining restaurants and 'Global Fusion' cuisine in the central pavilion.

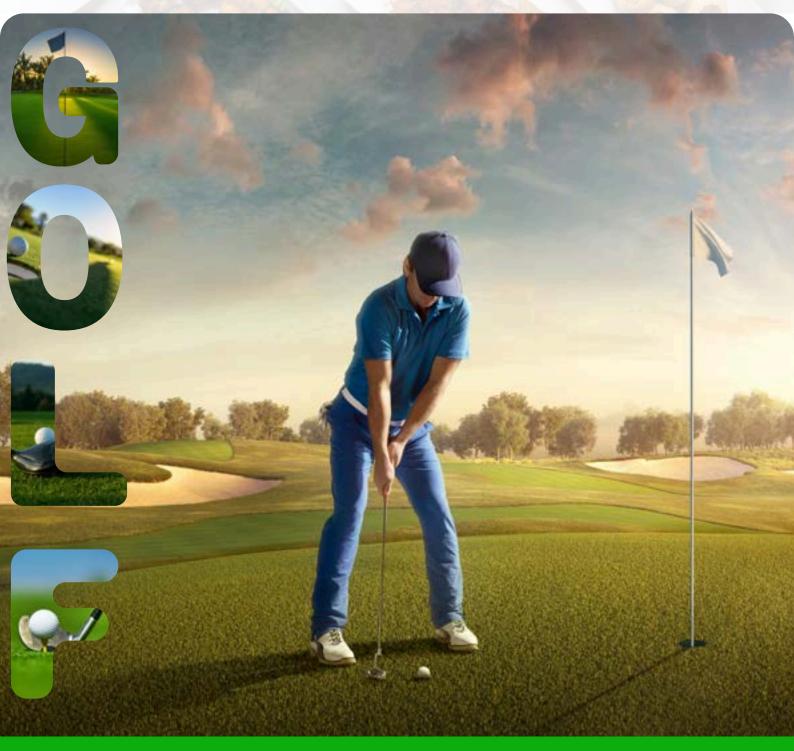
Suggested Partner Hotels: Aamby Valley Resort Villas, The Machan – eco-luxury treehouses nearby





GOLF & CULINARY TOUR OF INDIA

10 DAYS



06



Curated for golf lovers with a taste for fine living, this itinerary brings together India's legendary golf courses, award-winning culinary gems, and immersive cultural experiences. Travel in comfort, stay in India's finest hotels, and enjoy handpicked moments that celebrate the richness of Indian heritage and hospitality.

Day 1 – Arrival in Delhi

Arrive at Indira Gandhi International Airport, Delhi, where a warm welcome awaits. You'll be transferred to The Leela Palace, a haven of quiet luxury in the heart of the capital. Take the day to recover from your journey, perhaps enjoying a relaxed evening in the hotel's rooftop bar or heading out to explore Khan Market.

For dinner, consider an introduction to modern Indian gastronomy at Indian Accent – celebrated globally for reimagining Indian traditions.

Day 2 – Golf at Delhi Golf Club & City Heritage Tour

Tee off early at the iconic Delhi Golf Club's Lodhi Course, where manicured fairways weave past ancient Mughal tombs and red sandstone ruins. In the afternoon, embark on a panoramic drive through Delhi's heritage corridor, including Humayun's Tomb, India Gate, and the ceremonial Rajpath.

As the sun sets, return to the hotel and dress for dinner – a perfect time to revisit Indian Accent or dine within a centuries-old haveli.

Day 3 – Classic Golf Club (Gurgaon) & Relaxation

Depart after breakfast for Gurgaon to play at the Classic Golf & Country Club, India's first Jack Nicklaus Signature course. Framed by the Aravallis, this 27-hole layout offers both challenge and serenity. Return to Delhi by late afternoon and unwind with a spa session.

In the evening, consider rooftop dining at Haveli Dharampura, where history blends with elevated Mughlai fare.

Day 4 – Delhi to Agra (Gatimaan

Express) | Taj Visit

Board the Gatimaan Express (Train 12050) at 8:10 AM from Hazrat Nizamuddin, arriving in Agra at 9:50 AM. Check-in at The Oberoi Amarvilas, where every suite opens to a postcard view of the Taj Mahal. In the afternoon, take a guided visit to the Taj with a heritage expert.

As twilight descends, enjoy high tea on your private balcony with the monument bathed in golden hues

Day 5 – Agra to Jaipur via Fatehpur Sikri

Leave Agra in a private chauffeured vehicle. Stop en route at the hauntingly beautiful Fatehpur Sikri, once Emperor Akbar's imperial capital. Arrive in Jaipur and check into either Samode Haveli or the regal Rambagh Palace. Later, enjoy dinner in a candle-lit courtyard where folk musicians set the tone for a traditional Rajasthani meal.

Day 6 – Golf & Heritage in Jaipur

This morning, tee off at the Rambagh Golf Club – where fairways flow beside royal gardens and palace domes. Later, explore the Amber Fort with its mirror palace and elephant ramparts.

As evening falls, enjoy modern Rajasthani cuisine at Baradari in City Palace – a setting fit for royalty.

Day 7 – Jaipur to Kolkata (Flight)

Spend a relaxed morning in Jaipur. Later, explore the Amber Fort with its mirror palace and elephant ramparts before transferring to the airport for your flight to Kolkata. Board Indigo 6E6186 at 8.10 PM, arriving in Kolkata at 10:25 PM. Check into the majestic ITC Royal Bengal.

Enjoy a delightful dinner at one of the hotel's signature restaurants Avartana.

Day 8 – Golf at Royal Calcutta Golf Club

Dedicate the day to an unhurried game at the Royal Calcutta Golf Club, the oldest golf course outside the UK. Post-lunch, followed by an afternoon reserved entirely for personal leisure, exclusive relaxation, or bespoke experiences at your discretion.

Day 9 – Kolkata

The Guests will enjoy a morning round of golf at the Royal Calcutta Golf Club followed by a private evening city tour of Kolkata featuring Victoria Memorial, Howrah Bridge, a Hooghly River cruise, and reserved fine dining experience.

Dine tonight at Sonargaon-Taj Bengal — Where the delicate and rich flavors of Bengal are served in refined elegance, celebrating tradition with every bite.

Day 10 – Kolkata Departure

Enjoy a final breakfast before your transfer to Netaji Subhas Chandra Bose International Airport.

A.T. SEASONS & VACATIONS TRAVEL PVT. LTD.

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T: 91 11 22752337-38 I M: +91 9810053682



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Day 7 – Jaipur to Bangalore (Flight Indigo 6E6142, 07:10 - 09:45)

Fly to Bangalore, India's Garden City and tech capital. Check in at The Leela Palace Bangalore, an oasis of grandeur and elegance.

Evening suggestion: unwind with cocktails at the Library Bar or dine in-house at their specialty South Indian restaurant.

Day 8 – Golf at Prestige Golfshire & Nandi Hills Excursion

Morning transfer to Prestige Golfshire Club, a championship course set against the backdrop of Nandi Hills.

Post-game, relax with lunch at the club's terrace restaurant The Falcon Greens

In the afternoon, visit Nandi Hills for panoramic sunset views over the city. Return to your hotel for leisure.

Day 09– Culinary Finale at Avartana (ITC Gardenia)

Spend the morning at leisure or opt for an Ayurvedic spa session.

In the evening, enjoy a multi-course South Indian molecular gastronomy experience at Avartana, housed within ITC Gardenia.

This chef's tasting menu transforms Tamil classics into a progressive culinary journey

Day 10 – Bangalore Departure

Enjoy breakfast before your transfer to Kempegowda International Airport for your onward journey.

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DELH

Indian Accent – Modern Indian cuisine reinvented; pioneered fusion fine-dining in India. Globally acclaimed for balancing Indian traditions with international techniques.

Bukhara (ITC Maurya) – A culinary legend. Known for rustic, robust flavors and its open tandoor kitchen. No menu–everything is recommended by servers.

Peshawri (ITC) – Sister restaurant to Bukhara. Signature Northwest Frontier cuisine served in rustic décor with clay crockery.

Haveli Dharampura - Offers a heritage Mughlai dining experience in a 200-year-old restored haveli in Old Delhi.

MUMBAI

Masque – India's first ingredient-driven fine dining concept. Celebrated for its 10-course tasting menu and emphasis on foraged, seasonal Indian produce.

Mirchi & Mime - Unique in employing differently-abled staff. Known for excellent Indian food and inclusive service ethos.

Kebabs & Kurries - BOM (ITC Maratha) - Signature Mughlai and Awadhi dishes, showcasing age-old cooking techniques.

Jaipur

1135 AD – Regal dining within the historic Amer Fort. Experience includes royal thalis and live folk performances.

Baradari - Contemporary Rajasthani cuisine located within the City Palace, fusing heritage with modern dining.

CHENNAI

Avartana (ITC Grand Chola) – Avant-garde South Indian fine dining. Known for multi-course tasting menus inspired by classical Tamil and coastal recipes, presented with molecular flair.

GOA

Bawri Goa – A new-age restaurant focused on storytelling through regional Indian dishes. Celebrated for its curated chef's tasting experiences.

Avo's Kitchen – A humble gem run by a Goan family. Known for authentic Goan-Portuguese fusion dishes and warm hospitality.

UDAIPUR

Papa's Café – Rooftop lakeside restaurant offering Indian and global fare. Known for views of Lake Pichola and vibrant ambiance.

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Newsletter May 2025

GOODFOODADMIN | APRIL 30, 2025 | 6:00 AM

Welcome to our savory sanctuary, where we invite you to includge in culinary journeys through India- a land where every

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Newsletter February 2025

GOODFOODADMIN | FEBRUARY 4, 2025 | 12:05 PM

We are in the second month of the year already! The holidays feel like a long time ago, and it

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Newsletter November 2024

GOODFOODADMIN | NOVEMBER 4, 2024 | 9:58 AM

our savory sanctuary, where we invite you to indulge in the rich and diverse culinary heritage of India.

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Newsletter April 2025

GOODFOODADMIN | APRIL 1, 2025 | 5:46 AM

Welcome to our savory sanctuary, where we invite you to include in culinary journeys through India- a land where every

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Newsletter January 2025

GOODFOODADMIN | JANUARY 8, 2025 | 6:05 AM

HAPPY NEW YEAR! We hope you had a wonderful Christmas and enjoyed your time with your loved ones. And that

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Newsletter October 2024

GOODFOODADMIN | SEPTEMBER 27, 2024 | 9:21

Welcome to our savory sanctuary; join us on delectable journey's where the flavours of India converge, and culinary traditions and

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Newsletter March 2025

GOODFOODADMIN | MARCH 4, 2025 | 5:50 AM

Welcome to our savory sanctuary, where we invite you to indulge in culinary journeys through India- a land where every

READ MORE



Newsletter December 2024

GOODFOODADMIN | DECEMBER 10, 2024 | 6:46 AM

Namaste!Welcome to our savory sanctuary, where we invite you to indulge in culinary journeys through India-a land where every dish

READ MORE



Newsletter September 2024

GOODFOODADMIN | SEPTEMBER 1, 2024 | 11:14

Walanma to our coops enctuary, a culinary zes your taste buds

and nourishes your adventurous nomadic spirit.

READ MORE -



TESTIMONIALS

Hannah, Auckland. Diwali tour with Chand, 2024

India was so much more than I could have imagined. Experiencing India at DIwali was a highlight with all the festivities. The transportation, hosts, and our tour guides were amazing. The ITC hotels are super luxurious, you need to take time to explore the hotels as they are all unique properties. Definitely add this tour to your bucket list and highly recommend Good Food Journeys.

Kind Regards from us all

Jodi, Auckland. Diwali tour with Chand, 2024

I couldn't have asked for a better introduction to India than with Good Food Journeys! The experience exceeded all my expectations. Visiting India during Diwali made the trip extra special – it's truly a magical time to explore the country. The food was an absolute highlight, with incredible variety reflecting the unique flavours of each region we visited. Of course, seeing the Taj Mahal was unforgettable – a true bucket list moment!

The logistics were seamless, from accommodation to transport, with fantastic guides and drivers who made us feel informed, safe, and cared for throughout the journey. Having Chandni as our leader elevated the experience immensely. Her ability to communicate in the languages of both North and South India, coupled with her passion for food and her unparalleled knowledge, added so much depth to the trip. Beyond food, her insights into religion and history enriched every moment. Good Food Journeys provided a truly immersive and memorable adventure – I can't recommend them highly enough!

Priya, USA.

his trip was truly special for our family—it brought together six busy schedules for a much-anticipated vacation across Jaipur, Udaipur, and Agra. We're so glad we chose Good Food Journeys (GFJ) to guide us through it all.

From the planning stage, GFJ was attentive, knowledgeable, and detail-oriented, ensuring smooth logistics around lodging, transport, and meals. During the trip, they remained responsive, flexible, and thoughtful. We especially appreciated having one dedicated point of contact, helpful local guides, and little touches like receiving boarding passes in advance and engaging conversations with our friendly drivers and guides.

Some of the standout moments included our dinner at 1135AD in Amer Fort, the serene stay at Fatehgarh Resort in Udaipur, and the breathtaking, fog-free viewing of the Taj Mahal, which felt nothing short of magical—almost like GFJ arranged that moment too!

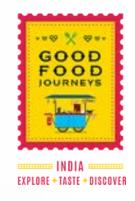
Thank you, GFJ, for a memorable holiday. We can't wait to plan our next journey with you!

Suggestion for Trip

OUR PARTNER BRANDS











Luxury Trains of India



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Accreditions and Affiliations

Recognised and approved by Ministry of Tourism, Government of India



Incredible India













09







